



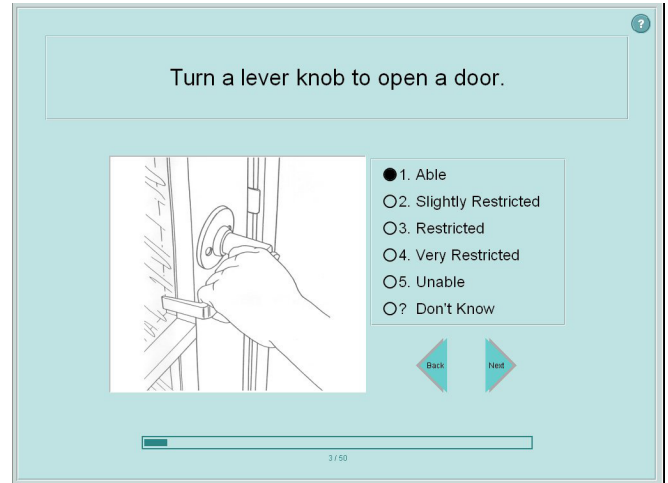
## Multidimensional Task Ability Profile (MTAP) Assessment System

### Functional Capacity Testing Program

The **National Posture Institute™ (NPI)**, the leading provider of posture education, training, and research, in partnership with the **Spine and Sport Foundation**, is now offering the **Multidimensional Task Ability Profile (MTAP) Assessment System**. This advanced functional assessment system is available for allied fitness/health/ and medical professionals who perform health/fitness screening assessments for their clients/patients such as:

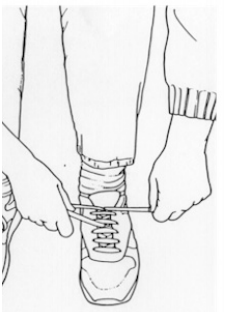


- Personal Fitness Trainers (all Fitness Professionals)
- Physical Therapists
- Athletic Trainers
- Exercise Physiologists
- Chiropractors



MTAP is a computer-administered, client reported outcome questionnaire that was developed to help the professional determine their client's total functional capacity score based on their clients' ability to perform various activities of daily living (ADLs). In addition, MTAP was designed with the idea that functional limitations resulting from physical injury, illness/disease, poor posture and/or muscular imbalances may affect a person's ability to be independent and function pain free. When these limitations are appropriately identified, the Personal Trainer or allied health/medical professional can properly design an exercise or rehab program to enhance their client's functional abilities.

MTAP assesses a wide range of activities of daily living ranging from self care, to cooking and light housekeeping, to heavy home maintenance and lawn and garden tasks. For the injured client or patient, MTAP matches a person's abilities to the job demands of the specific work categories designed by the US Department of Labor. MTAP was also designed to monitor treatment progress and outcomes. When MTAP is administered on an ongoing basis, as part of a detailed assessment program, changes in functional status can be identified, measured, and confirmed as the functional score improves for your client or patient.



MTAP is accessible online from any computer with an internet connection. After you pay the initial access fee, instructions will be sent to you which will include the steps required to access MTAP. To maintain access, there is a yearly access renewal fee.



**For more information or to purchase MTAP please contact NPI at:**